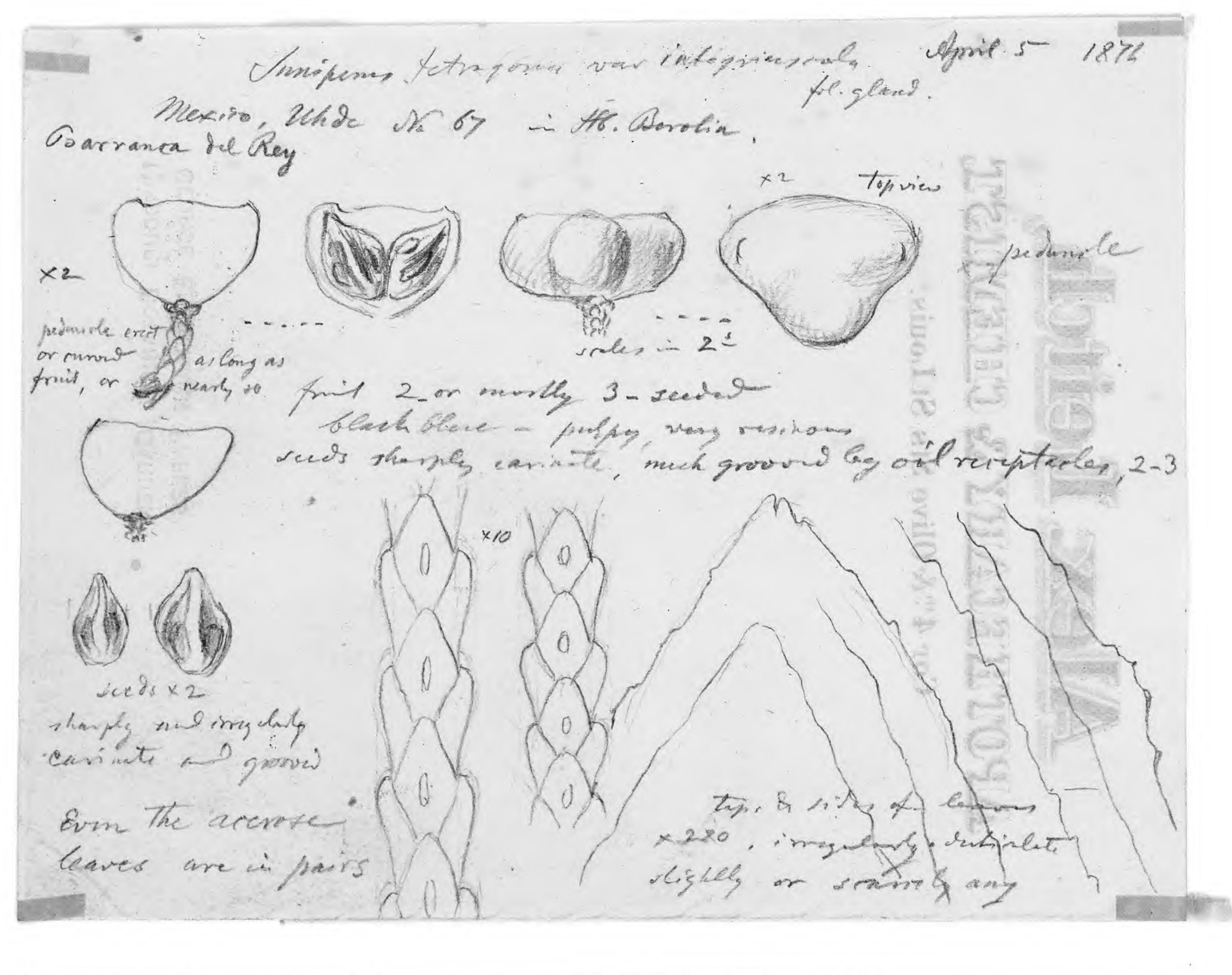
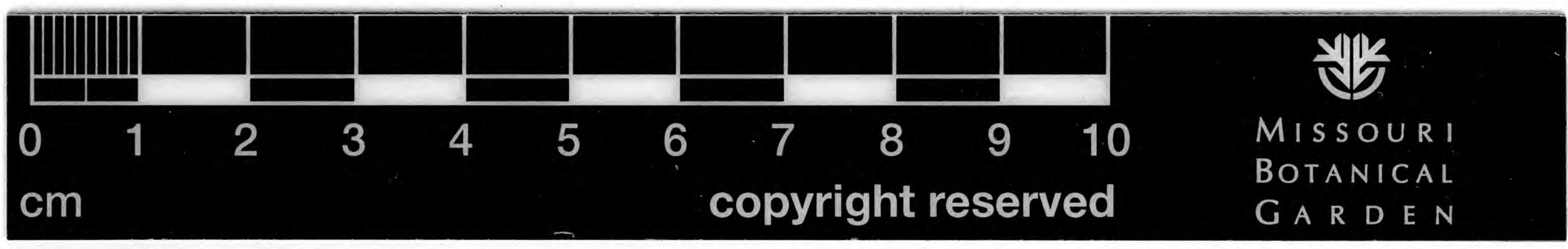


Since many of the items lack a specific page number, the page number displayed online refers to the sequentially created number each item was given upon cataloging the materials.



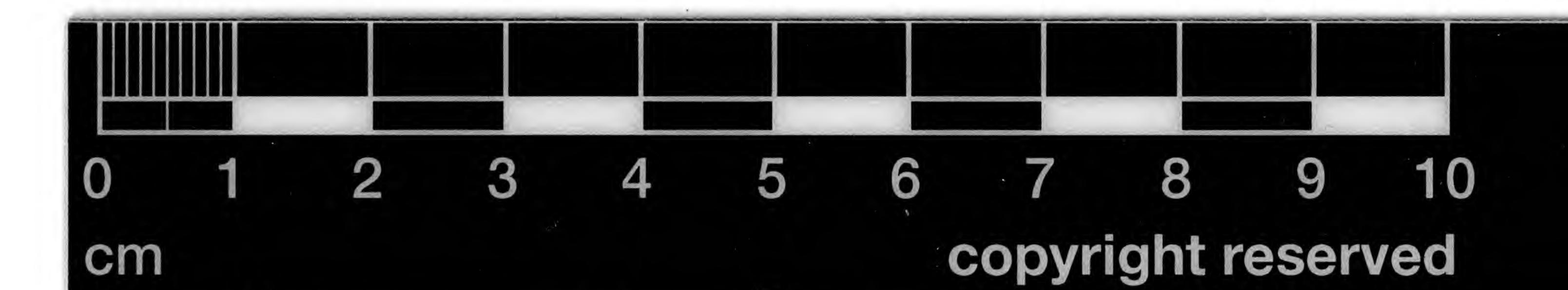


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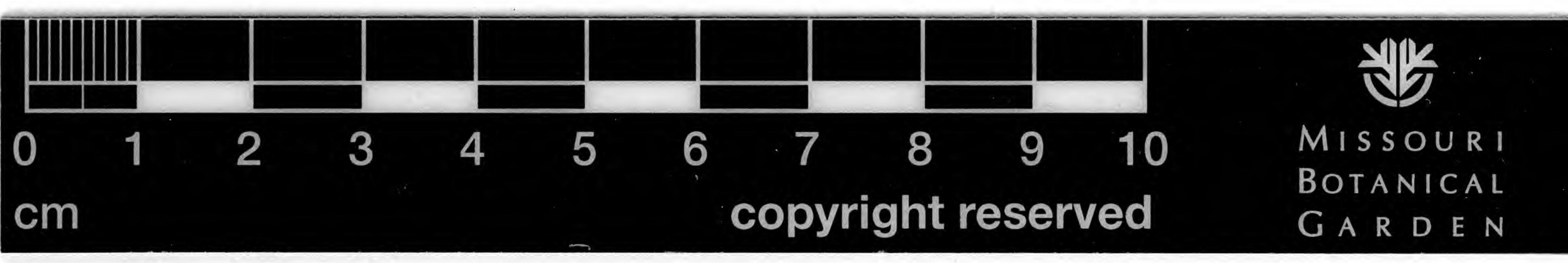
Cor 4th & Olive Sts. St. Louis.

SEORGE ENGELMANN PAPERS

13315







MISSOURI BOTANICAL GARDEN GEORGE ENGELMANN PAPERS

recent and

recent and fossil.

mechanical, right line

Mechanics of solids; Mechanics of liquids; Mechanics of gases.

al projections.

ic operations for the construction of with chain,



Juny Thay

They can

"Rock the cradle with one foot And spin a pound of tow."

so produced is The length kept up through life bodily length thus the head care of child food the only it cann and manner, age as possible to deny press upon the child that indeed the habit peacefi all the last hours of the counterba physicians insis had without more ado as possible, saving of wear rockers across, objectionable. a quiet, soothing those easily and inght cou powersother nap have rather than childhood mid-day of the Some shall if for

American children particularly need to have the habit of sleep cultivated in them, and it is well worth the mother's study how to secure large amount of it for her child. It sedates the cerebro-nervous system and allows the organinervous system to work and thus develop verslity. For pity's sake never let a baby be waked from its sleep to be seen by compannor for any trivial reason. Get the young one to bed early and do not wake them in the morning to see the sun rise. Let them sleep all the will. Some exceptions may be made but the are rare in this country among our people.

and I have hard bunches across my stomach, an my lungs feel weak. I am twenty-three years of and have three children.

First, stop having children. No woman ever lived who ought to be the mother of three children at twenty-three years of age. It is an outrage on nature to begin with. Next, stop hard work. I will verte to begin with. Next, stop hard work. I will are a woman who works hard. Third, put on a wet abdominal bandage so as to cover your liver, stomach and bowels. Cover this by a dry one and wear it night and day; only do not have the wet bandage go clear around the body. Take a sitz-bath at a temperature of 95°, five minutes; 85°, fifteen minutes, twice a week. It is better to do this in the midule of the day, than at any other time, but if not then take it at night and go to bed immediately and go to sleep. Fourth, be sexually continent. The taxations of the marriage bed in this country are cruelly and ruinously destructive. Nature will be avenged when she is outraged. Fifth, live upon two meals a day. Make your food largely farinaceous, eating fruits and vegetables only as relishes and not both at the same meal. Let alone flesh meats. They do you no good except to incite you to excessive sensibility. Now try this faithfully and you will get well. It would be well for you, as for any one who takes home treatment, to send to Austin, Jackson & Co., sents and obtain our tract "How to Take Baths."

NERVOUS DYSPEPSIA—Mrs. S. A. M. K., Sonora Cal.—I have pains all around the region of the heart Also in my left arm; pains going back and forth from my arm to my heart. It has troubled me great deal. Have I got heart disease?

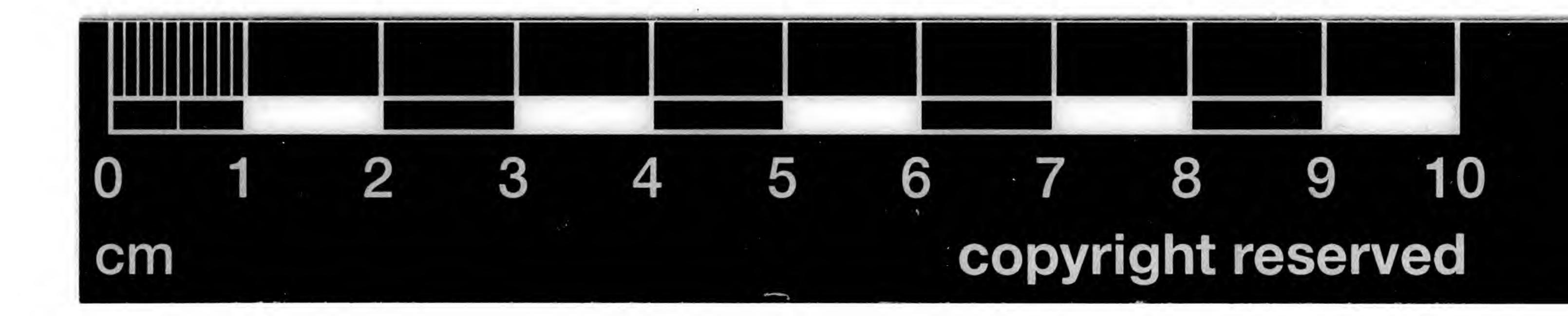
No, you have not, but you have nervous dyspeps instead. If you will live with great strictness in r spect to food and raiment, work and rest, sleep, ar exercise in the open air, so as to give yourself chance to get well, you can. The Laws of Life catell you all about how to do.

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MISSOURI BOTANICAL GARDEN

hat only her ntact with gain the mother has a good wide, month-old, a good deal more night, is a wearing process and be kept well warmed and cannot tilated as otherwise they enough for three; Nearly all keeps her child more than it comes to. own mother's warmth, its mother the same or an adjoining is kept, she also is and kept on the side of the small they two have been distu refreshed for the duties of for a short time. and her if there is any da young animals humans when it is quiet, as having fires and to in it not to be debi so the father with her. keep thi within room, rbed kept nger levhas

majority fling est, personal the labors sleeping, his neck cern true pretend breath could go confinement in doors, and side and unwashed, baby enough doors and windo small, feather pillows, on a baby the old, absorbed None to be who of in a box of dry dirt or coal ashes while with a father of the conditions, habits on and fix proprieties of the brute, stable, children are that unaired and a mother reeking they sleep day, through sleeps on the attempt matter the impurities, the m perhaps from the the father unchanged bedstead not the 10ther de-magnetized he above type on ould rofulous, aratus over feather bed, both perhaps bury exhausted refined he the careful he and that so himsel butchery which float ing



e. It gives strength to the very not, I trust, be frightened by the ind." &c

Yours very truly,

nviction, yea more, the positive knowl-nearly all who come here and remain esire to bring folks to Our ot only, but that they bless Our Home h of time get present improvement in e nor have comfort in this g a great family here. ve Our Home prosperous. erself and for her family. t, touch many hearts rage and strength to endure. ersonal experiences we learned and do know ck mother, anxious to live for her chil-God during their stay here and in prompt some mother to their conditions of living. for the good which life has, thousands of feeble women and has countless families with an ambition to and succeeded in each other and those who of Life were has brought have brings some measure at gives it has This, in This letter Through true fact, urged by their comfort and

she will dress in her own any woman has a right to solves to do it; and and honor to one who by woman should be the mi women to adopt this dres woman to wear the American what she proposes to fully she must have a gr ly alone in any nature that a woman sho wisdom else she will thereby are not kind to her. and will ritated by the adverse in and finally yield her position, opposing forces of fashic safely through, that she soul than she can the least desire to im but are ready would, would not discourag great has the courage grow hard and h however, hav position; responsi the eat amount of grace and uld stand alone or one encounters consider faith in right ard those who her herself house, urge harm body: human

costume immeasurable

If husbands

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MISSOURI BOTANICAL GARDEN on this simple food, I was often dail

with severe attacks.

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sign of a headache now

Ihave

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H

gems, it; and

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It will

spread

would

Friends, if you

induce others to

266

## OURNAL OF HEALTE

At our Sunday p) and in a few months I be abunda never permit think thought I would Graham gems, and by it. ears ago I was failingdropped going to die. in day time see my husband not had hams will be reached the Graham gen Thave do

We have a mother's meeting weekly, of over forty, which I find a good field to work in. We give material for all to work for themselves, and while they work, read well selected pieces, give hints on any subject that is needed, &c. Poverty and care and false living come hard on mothers. The first day we had no rules, and it was bedlam. Now

dschool

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on and

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such ruination.

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Mrs.

what

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read it too and

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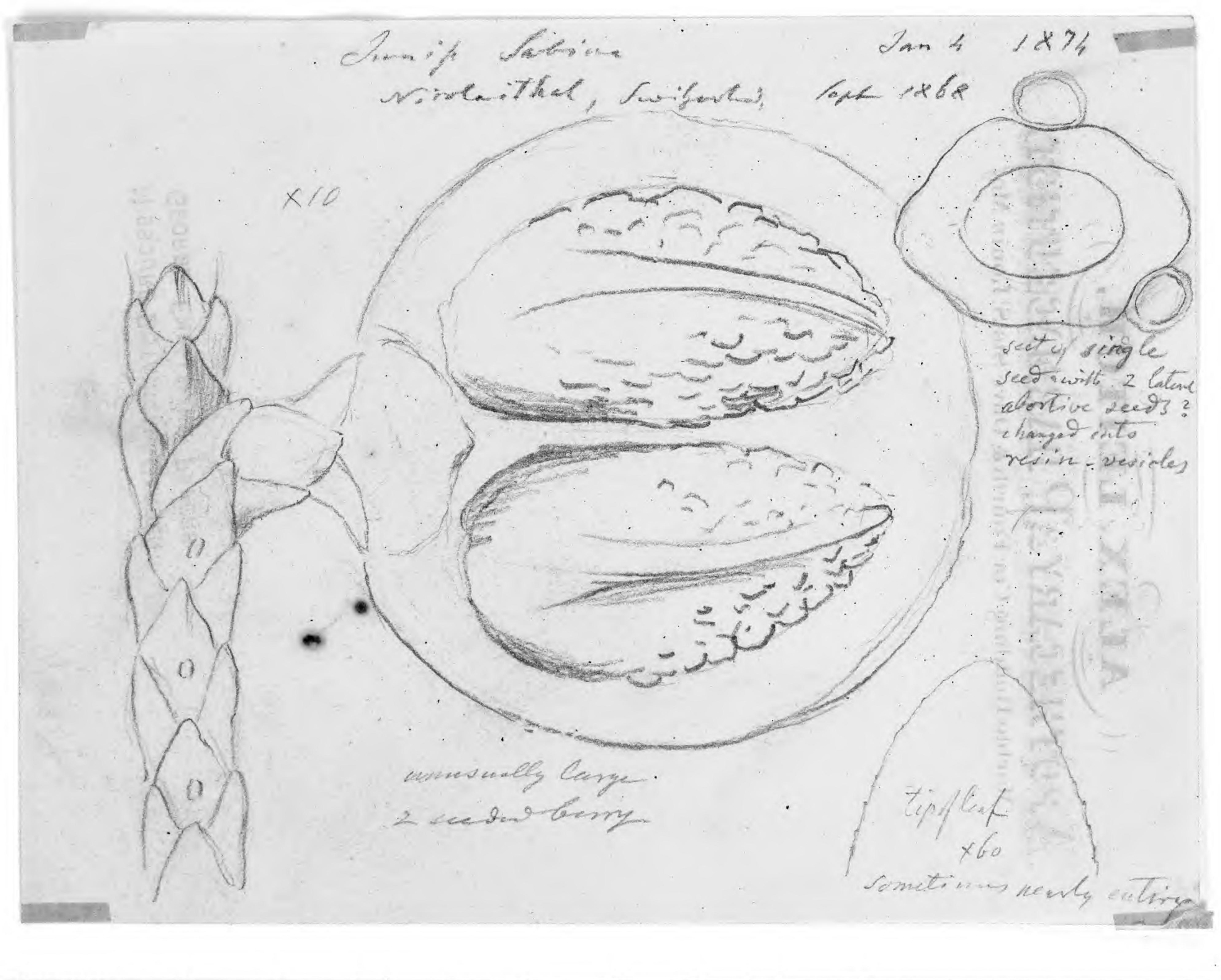
all the marriage days

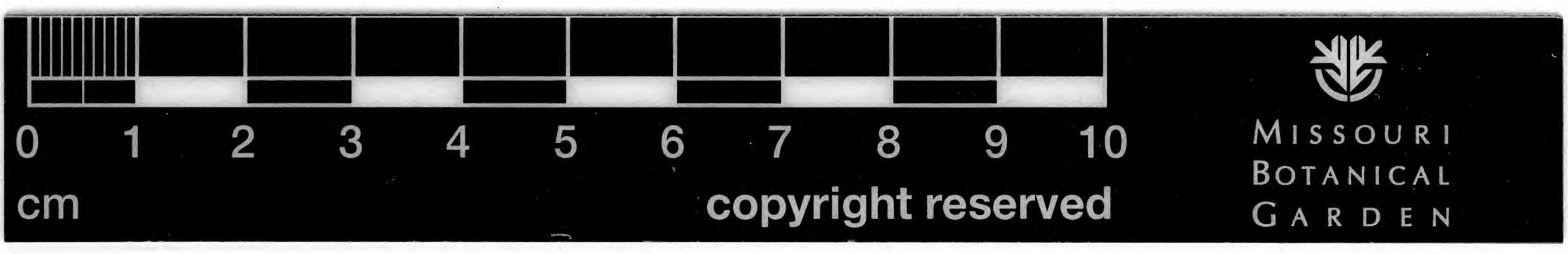
read and milk for the wedding

2nd. Noone

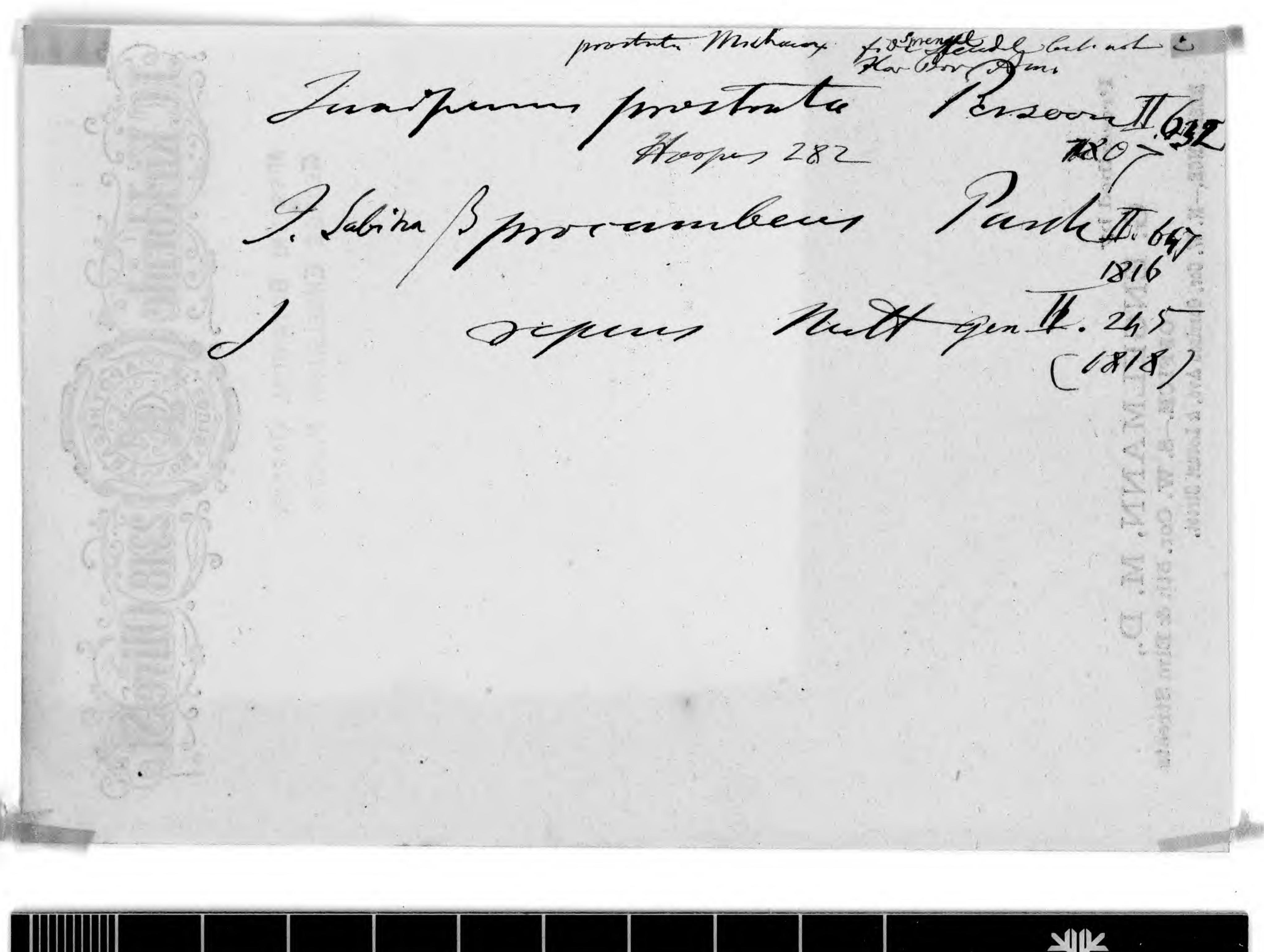
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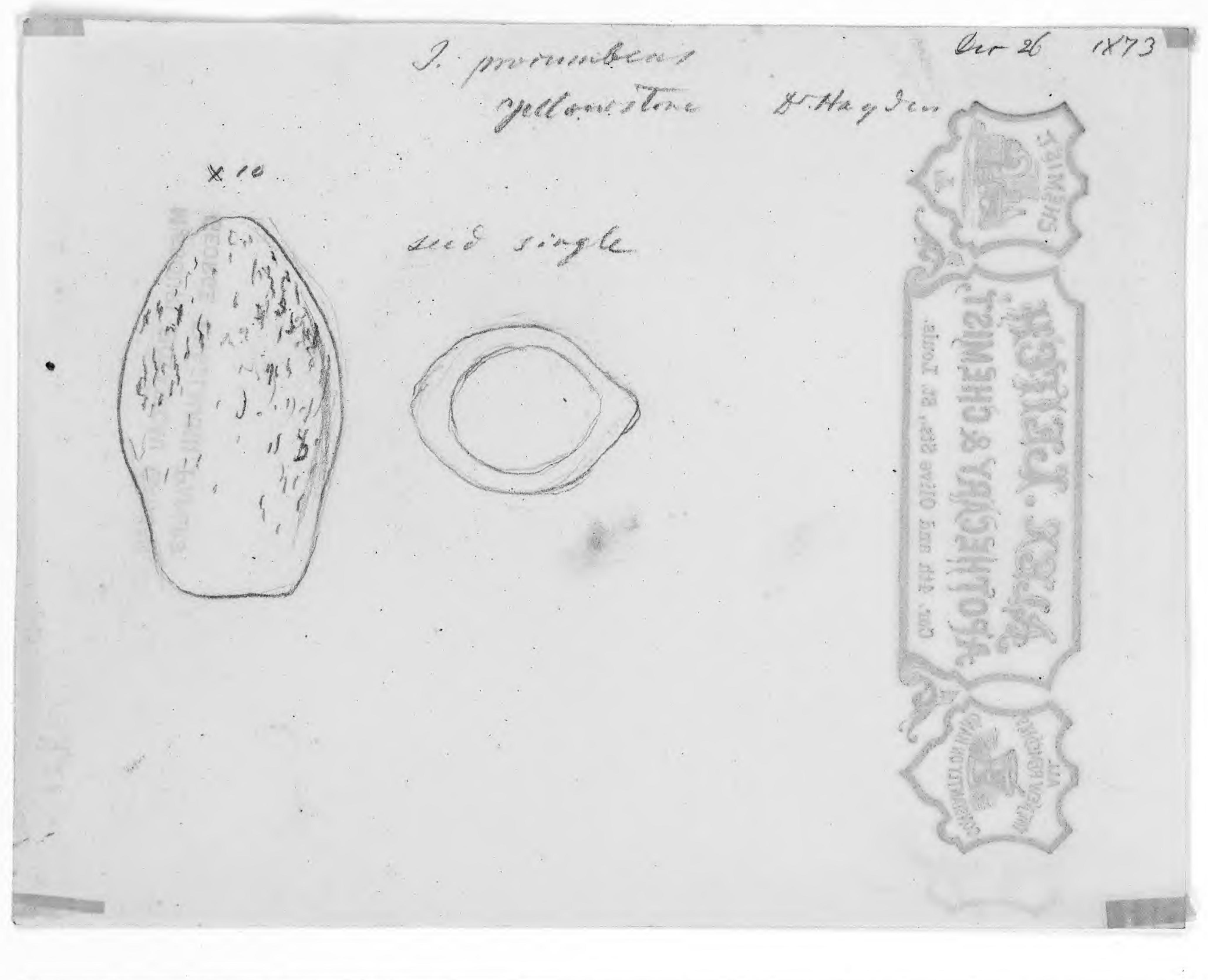




SEORGE ENGELMANN PAPERS

DENCE, -N. W. Cor, Garrison Ave. & Locust Str



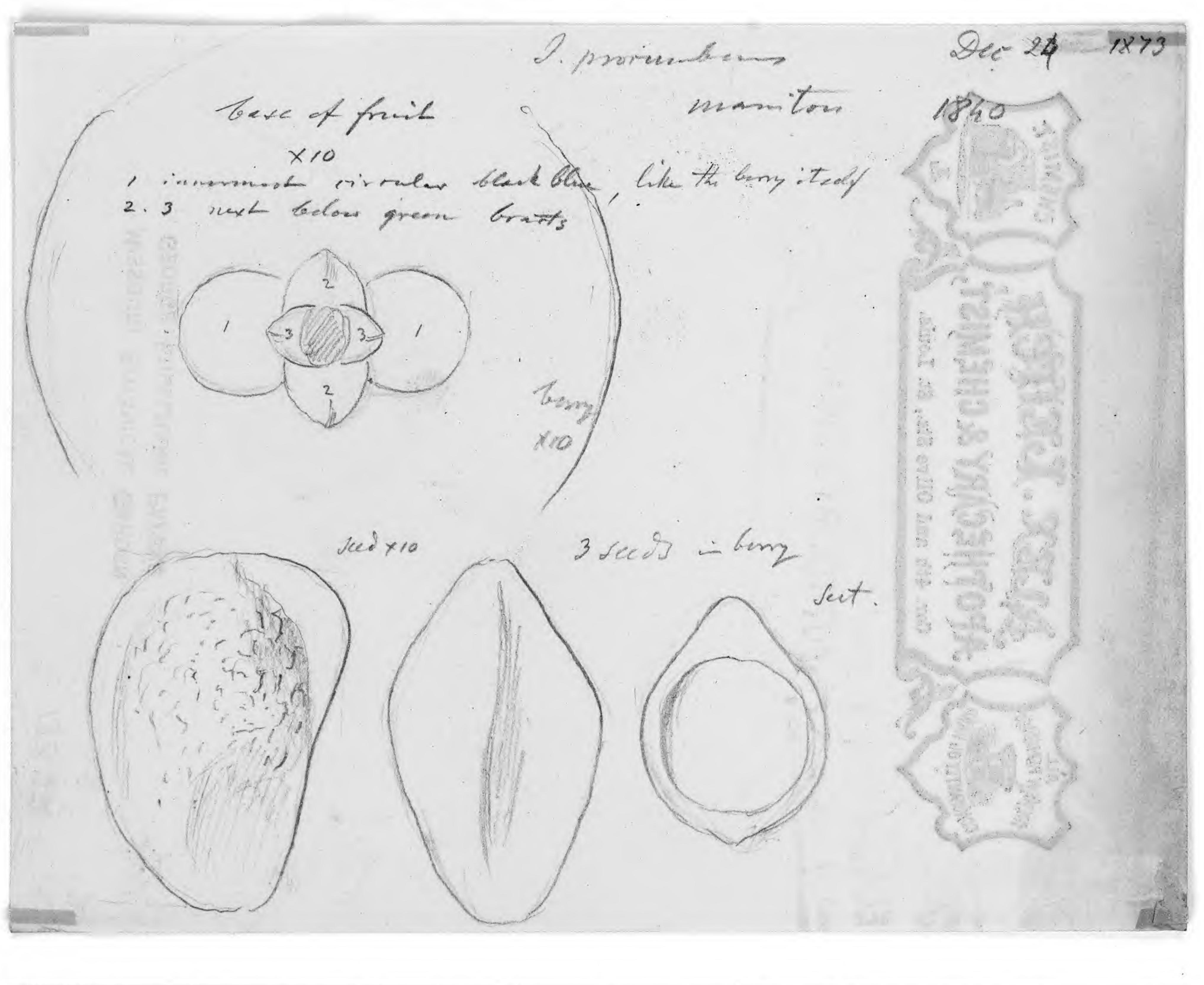




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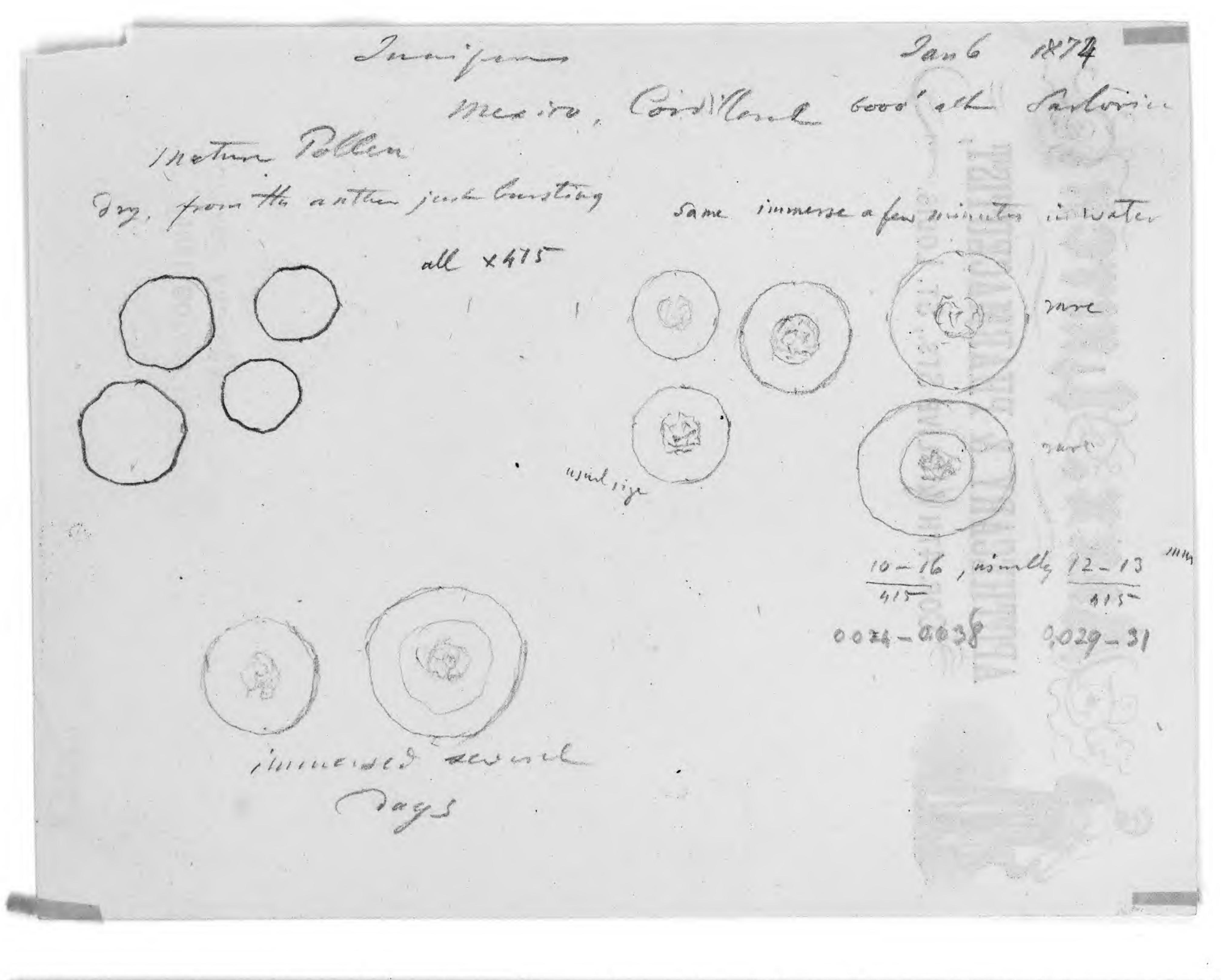




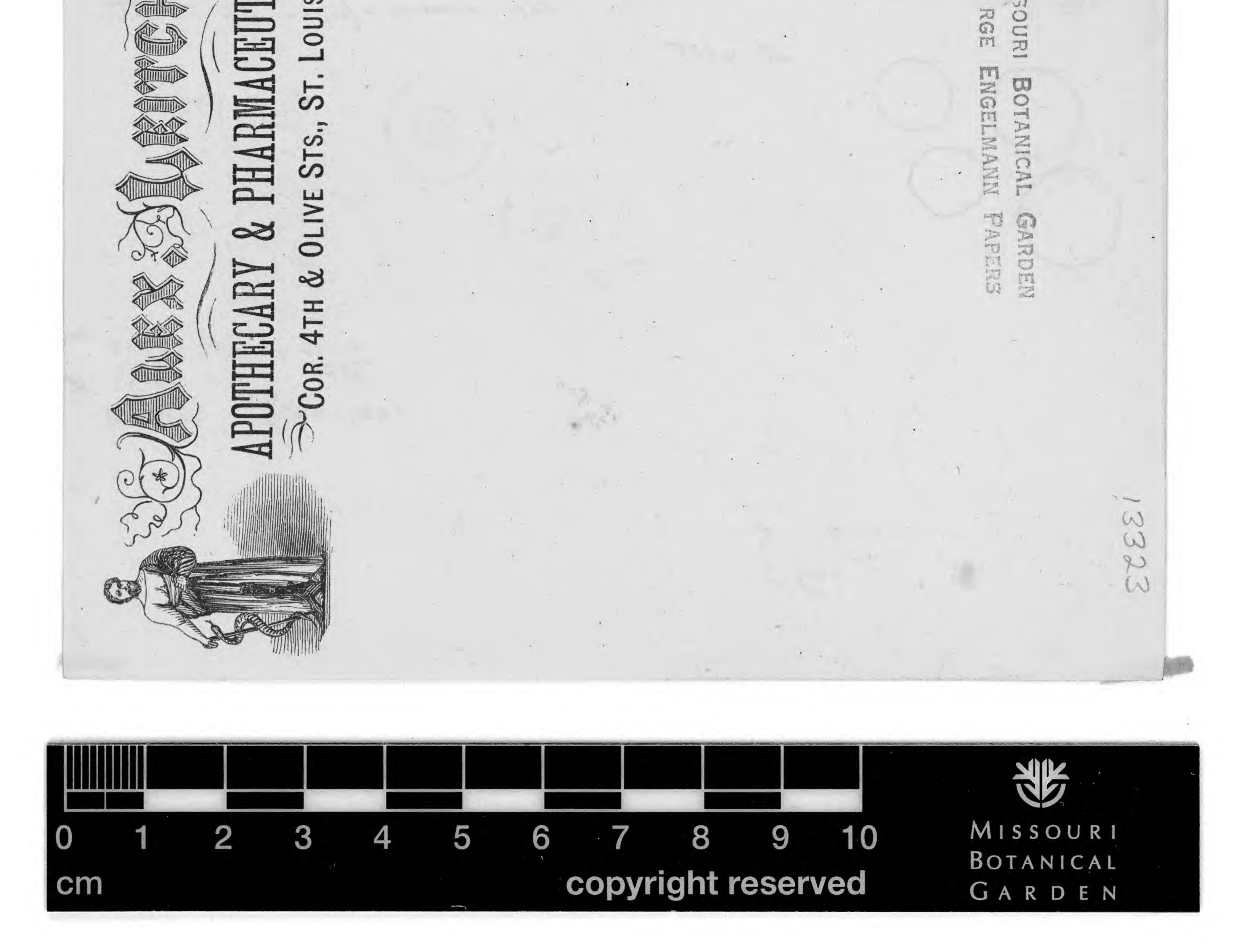


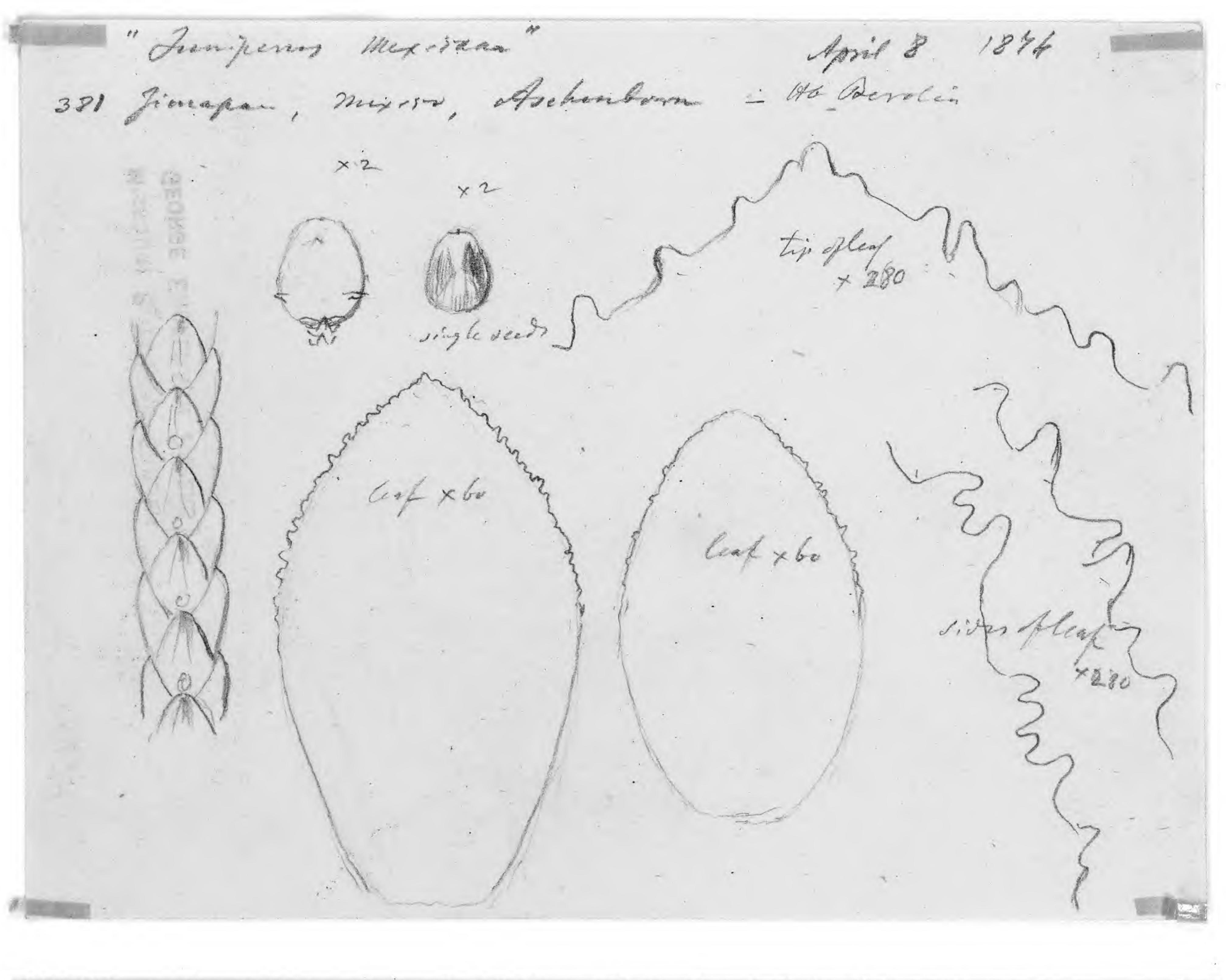


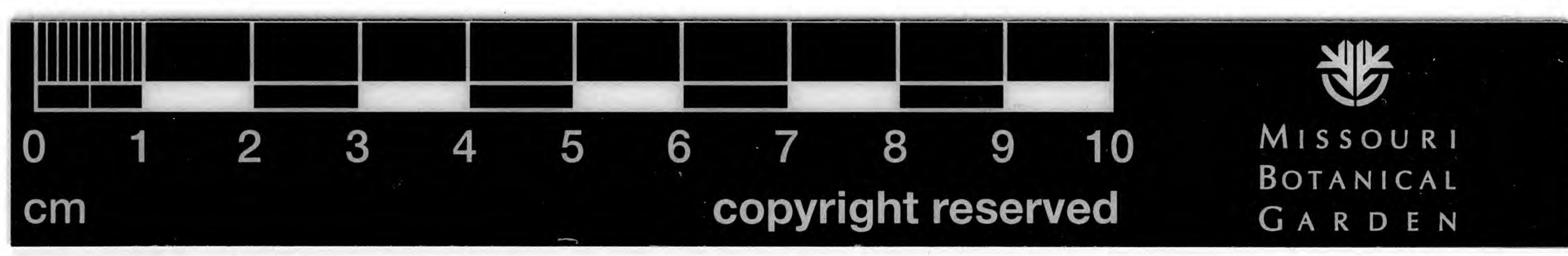




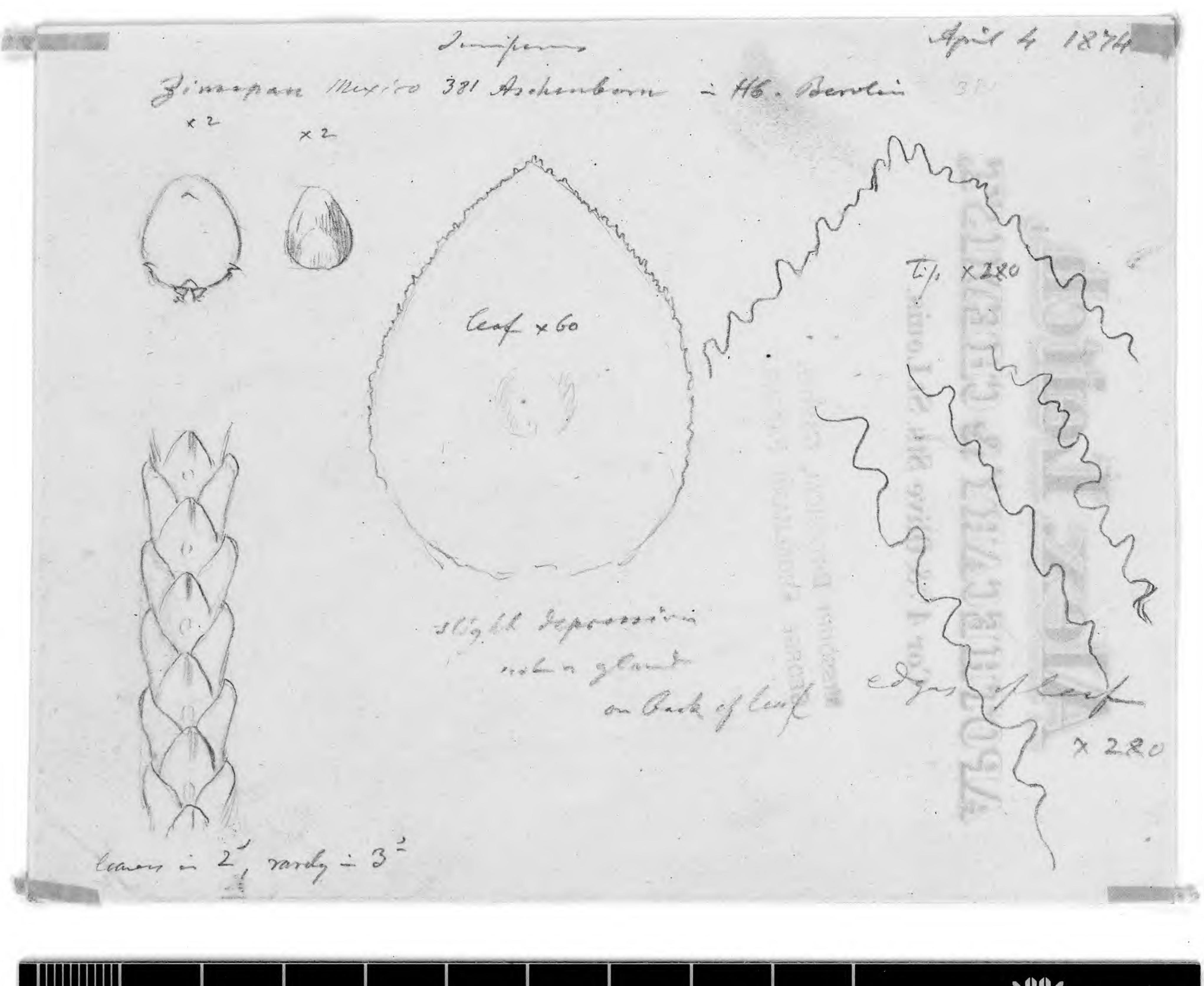








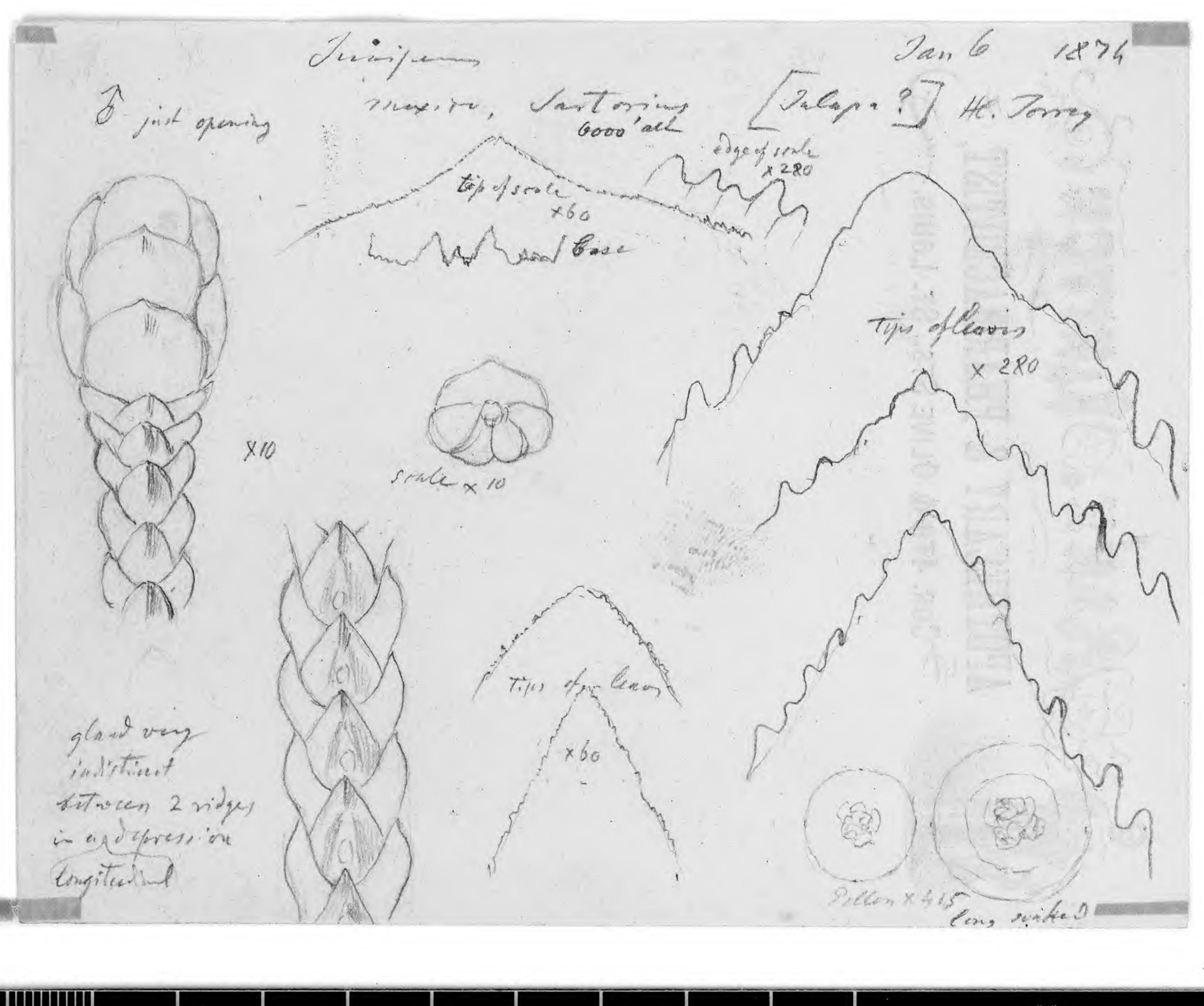


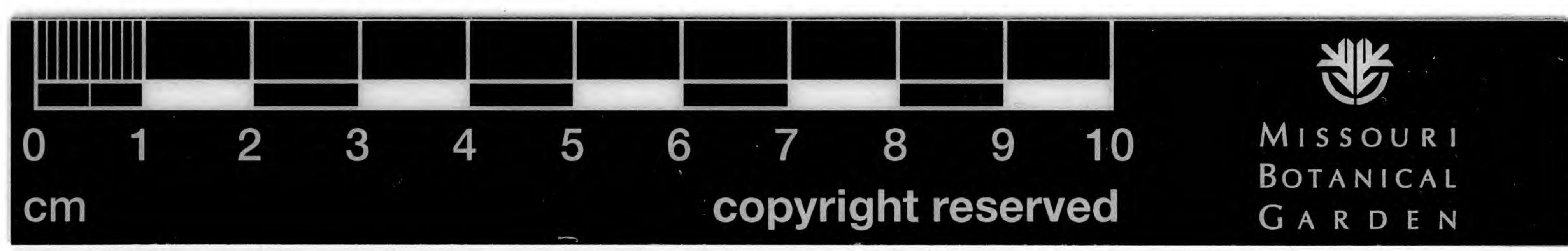


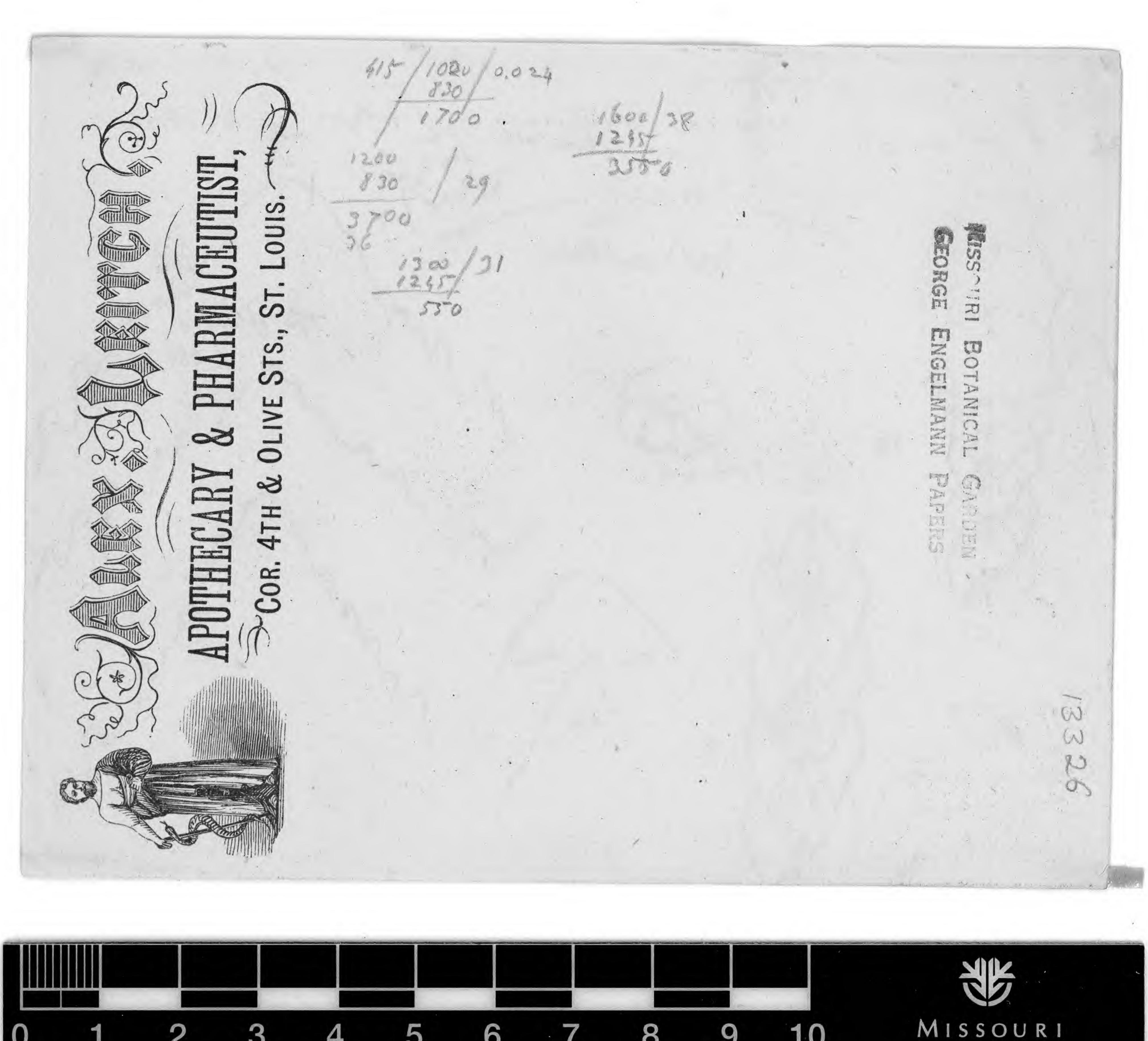


GEORGE ENGERMANT CAL GARDEN











Tunfames letingona Schlechtensal Finneen 12, 599 (1838)

T. Viginiana Cecch plures Am bon, Lindheinen, Mosmuply 1848 times 1-2 and some Terlandien 671. & 2001 Account Celefon Polite 1845 Al 165 (is Imp. Seline) Emory Esper Copper moher 11 Max Och 17 1846. He. Jong Wright New Obonunfels 1857 learn's 2- Leeded\_ 249 Fregg 398 Sallille Aug 1848 tree 10-30 feet high 2 tig 1 106 . 1848. South 10 feet -jy. frail often open fy. - Sartonius Cordellans of mexico i Ho Tom. lanje Pollen Sierra madre Mexiro Seemann - He Kens. Seed does not belong have? Real Ich monte Hartung 436 Ho Kens Orizabe, Lindone Na 6 i 16 Ken fig Oaxara, Galeotti iz H6 Kees

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